

Majstrovstvá Slovenska v tlaku na lavičke
International Benchpress Cup
Jaslovské Bohunice (Slovakia)
18.4.2009



United Powerlifter



R	Firstname	Lastname	Country	Age	Weight	Devision	Class	Bench 1	Bench 2	Bench 3	Bench 4	Total	Reshel	McCullough
Women														
1	Sandra	Mokrá	Slovakia	30	66	Open	67,5 kg	90	400	100	103 sr	100 sr	166,400	
2	Terézia	Haladová	Slovakia	35	88	Submaster	90 kg	100	107,5 sr	442,5		107,5 sr	153,510	
3	Karin	Heindl	Austria	52	50	M50-54	52 kg	47,5	50	52,5		52,5	114,870	132,101
4	Petra	Viceniková	Slovakia	27	91,6	Open	90+ kg	65	70	70 sr	72,5 sr	70 sr	98,770	
5	Agata	Gadomska	Poland	22	50,9	Junior	52 kg	42,5	45 wr	47,5 wr		45 wr	96,570	
6	Mirela	Herok	Poland	24	62,8	Open	67,5 kg	37,5	42,5	45		45	77,400	
Men Junior + Teenager														
1	Jozef	Suplicz	Slovakia	21	95,8	Junior	100 kg	210	220	220		210	195,930	
2	Matúš	Sobota	Slovakia	20	97,2	Junior	100 kg	207,5	215	215		207,5	192,353	
3	Jozef	Čambál	Slovakia	21	86,9	Junior	90 kg	180	185 sr	190 sr		185 sr	183,520	
4	Vladimír	Gacik	Slovakia	21	115	Junior	125 kg	200	210 sr	215 sr		210 sr	183,330	
5	Martin	Pastorek	Slovakia	20	78,7	Junior	82,5 kg	165	170	172,5		170	182,240	
6	Marek	Elexa	Slovakia	20	81,7	Junior	82,5 kg	162,5	167,5	175		167,5	174,033	
7	Filip	Stanko	Slovakia	18	64,1	T18-19	67,5 kg	100	130 er	130 er	140,5 wr	130 er	170,430	
8	Daniel	Maľa	Slovakia	22	79,4	Junior	82,5 kg	152,5	160	165		160	170,080	
9	Ivan	Strapko	Slovakia	21	100	Junior	100 kg	185	200	200		185	169,275	
10	Vladimír	Metes	Slovakia	19	86,5	T18-19	90 kg	160	165 sr	170 sr		170 sr	168,980	
11	Alojz	Erdélyi	Slovakia	22	95,1	Junior	100 kg	180	190	190		180	168,660	
12	Tomáš	Bugáň	Slovakia	19	80,1	T18-19	82,5 kg	155	155	160	163,5 wr	160	168,640	
13	Ľubomír	Greger	Slovakia	22	100,1	Junior	110 kg	180	180	190		180	164,700	
14	Michal	Krajčovič	Slovakia	21	105,8	Junior	110 kg	140	170	182,5	190,5 sr	182,5	163,520	
15	Jozef	Betuštin	Slovakia	20	88,5	Junior	90 kg	150	165	170		165	161,535	
16	Mateusz	Matloch	Poland	19	85,3	T18-19	90 kg	150	150	160		160	160,640	
17	Ľuboš	Vajdiar	Slovakia	18	76,3	T18-19	82,5 kg	145	157,5	157,5	164 wr	145	159,500	
18	Erik	Karvai	Slovakia	21	93,1	Junior	100 kg	160	160	170		160	151,680	
19	David	Šliwinski	Slovakia	17	79,5	T16-17	82,5 kg	100	140	140		140	148,400	
20	Roman	Krkoš	Slovakia	22	92,6	Junior	100 kg	120	130	155		155	147,405	
21	Ivan	Jedlička	Slovakia	17	72,6	T16-17	75 kg	125	130	130		125	144,375	
22	Radoslav	Tomašovič	Slovakia	17	93,9	T16-17	100 kg	140 sr	150 er	155 sr		150 er	141,600	
23	Peter	Matovič	Slovakia	20	86,2	Junior	90 kg	140	147,5	150		150	139,800	
24	Adam	Boberek	Poland	19	72,4	T18-19	75 kg	100	110	120		110	127,380	
25	Martin	Švirec	Slovakia	16	61,7	T16-17	67,5 kg	60	65	65		60	82,620	

Men Master

1	Gábor	Menyes	Hungary	48	134,2	M45-49	140 kg	235	242,5 wr	245 wr		245 wr	207,515	231,172
2	Jozef	Péter	Slovakia	58	125	M55-59	125 kg	180	190	200		190	163,020	215,512
3	Gusztáv	Menyes	Hungary	70	107,9	M70-74	110 kg	125 wr	130 wr	135 wr		135 wr	120,150	204,255
4	Adam	Csupori	Slovakia	51	98,8	M50-54	100 kg	190 sr	200 sr			190 sr	174,800	204,166
5	Peter	Vacho	Slovakia	41	108,4	M40-44	110 kg	220	227,5	232,5 sr		227,5	202,248	203,259
6	Boris	Švirec	Slovakia	45	120,7	M45-49	125 kg	140	190 sr	200 sr		190 sr	169,670	179,850
7	Ľubomír	Pricl	Slovakia	45	80,8	M45-49	82,5 kg	135	145	150		145	151,670	160,770
8	Ondrej	Döme	Slovakia	53	102,4	M50-54	110 kg	135	145	155		145	131,660	158,914
9	Martin	Heindl	Austria	53	72,3	M50-54	75 kg	110	115			110	127,380	153,748
10	Michal	Juriš	Slovakia	60	92,9	M60-64	100 kg	110 sr	110 sr	125 sr		110 sr	104,500	144,210
11	Franz	Krivanek	Austria	69	90	M65-69	90 kg	77,5	82,5	85		85	82,365	137,055
12	František	Albert	Slovakia	57	70,9	M55-59	75 kg	75	80	85		85	100,470	130,310
13	Jozef	Maudry	Slovakia	59	99,7	M55-59	100 kg	70	75 sr	80 sr		80 sr	73,360	99,036

Men Open + Submaster

1	Eyal	Hasson	Izrael	28	99,9	Open	100 kg	260	275	287,5		287,5	263,350	
2	Adam	Kozłowski	Poland	35	137,6	Open	140 kg	280	300	312,5		300	252,900	
3	Erik	Bačinský	Slovakia	30	66,1	Open	67,5 kg	170 sr	180 sr	185 sr		180 sr	228,240	
4	Patrik	Šnajdr	Slovakia	28	115,4	Open	125 kg	250	250	255	255 sr	250	218,000	
5	Tomasz	Bedkowszki	Poland	31	85,3	Open	90 kg	200	200	215		215	215,860	
6	Radovan	Kaděra	Czech	21	121,1	Open	125 kg	230	250	260		250	215,500	
7	Alexander	Szoboszlai	Slovakia	33	118,1	Open	125 kg	210	220	230	230	230	199,410	
8	Krzysztof	Jeziorowski	Poland	26	67	Open	67,5 kg	110	120	125		120	197,640	
9	Milan	Gejdoš	Slovakia	29	88,8	Open	90 kg	190	200	205 sr	205 sr	200	195,600	
10	Andrej	Smutný	Slovakia	31	94,5	Open	100 kg	190	200	210		200	187,800	
11	Jozef	Svitok	Slovakia	24	117,4	Open	125 kg	210	220	220	210	210	182,280	
12	Marcin	Herok	Poland	34	73,7	Open	75 kg	135	142,5	150		150	170,850	
13	Peter	Kobela	Slovakia	24	79,6	Open	82,5 kg	160	170	170		160	169,600	
14	Ladislav	Hricišče	Slovakia	38	84,4	Submaster	90 kg	140 sr	150 sr	155 sr	160 sr	155 sr	157,015	
15	Dariusz	Herok	Poland	24	72,2	Open	75 kg	95	100	105		100	116,200	
16	Martin	Orth	Slovakia	17	88,8	Open	90 kg	100	105	110		105	102,690	
17	Marcin	Jass	Poland	29	101,4	Open	110 kg	70	75	80		80	72,800	
18	Dariusz	Hak	Poland	34	61,4	Open	67,5 kg	45	45	50		45	62,280	
--	Henrich	Hekš	Slovakia	37	109	Submaster	110 kg	255	255	255		---		